

The Priest shows us the Blessed Sacrament and we respond:

**Lord, I am not worthy to receive You
But only say the word and I shall be healed.**

While the Priest receives the Sacrament, please unite yourself with Christ in this sacred moment by making an Act of Spiritual Communion with this Prayer:

My Jesus,
I believe that you are present
in the Sacrament of Holy Communion.
I love You above all things
and desire to receive You into my soul.
Since I cannot at this moment receive you
sacramentally, come spiritually into my heart,
and find a home prepared for you there.
I embrace You as if You were already there.
I unite myself wholly to You.
Never permit me to separate myself from You.
Grant that I may love you always,
and do with me what you will.
For I pray in your most holy name. Amen

As you imagine receiving the Bread of Heaven, be still and rest in the peace and love of God. In your own words thank Jesus for His Presence with you where you are now.

THE LITURGY OF SENDING OUT

We share a time of silent prayer, then the Post Communion Prayer and the Blessing.

We then turn to Our Lady in prayer

Pray for us, O Holy Mother of God:
**That we may be made worthy
of the promises of Christ.**

The Mass is ended - go in peace
and glorify the Lord by your life:
+ In the Name of Christ. Amen

MASS ON SUNDAYS of LENT

THE LITURGY OF GATHERING

The Bell rings and the Entrance Litany begins:

Let us proceed in peace:

+ In the Name of Christ. Amen

At the end of the Litany, the Priest pronounces Absolution which we receive with the Sign of the Cross.

The Lord be with you:

And with your spirit

Let us pray

After a time for personal prayer in stillness, the Priest prays the Collect of the Day.

THE LITURGY OF THE WORD

The First Reading.

The Psalm may follow.

After a time of silent reflection on the Readings, we greet the Gospel, singing:

Glory to you, Word of God,

Lord Jesus Christ.

Glory to you, Word of God,

Lord Jesus Christ!

The Lord be with you:

and with your spirit

When the Gospel is announced:

+ Glory to you, O Lord

And at the end:

Praise to you, O Christ

Glory to you, Word of God,

Lord Jesus Christ.

Glory to you, Word of God,

Lord Jesus Christ!

The Homily, followed by a time of reflection with music.

We proclaim the Creed:

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down
from heaven,
(All BOW during the next three lines)
And was incarnate from
the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father
(and the Son),
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one
holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen

THE LITURGY OF THE EUCHARIST

The peace of the Lord be always with you:
and with your spirit.

*Music plays while the Altar is prepared and then
the Priest says:*

Pray brethren, that my sacrifice and yours be
acceptable to God the Almighty Father:
**May the Lord accept the sacrifice at your
hands, for the praise and glory of His Name,
for our good and the good of all His Church.**

The Eucharistic Prayer

The Lord be with you:
and with your spirit
Lift up your hearts:
We lift them to the Lord
Let us give thanks to the Lord our God:
It is right to give Him thanks and praise

*The Priest continues the Prayer and we all join
in:*

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is He who comes
in the name of the Lord.
Hosanna in the highest.**

The Prayer continues

At the Elevations:

The Body of Christ: **offered for you.**
The Blood of Christ: **poured out for you.**

The Prayer continues and ends with AMEN

Our Father ...

The Priest breaks the Host in silence.

**Lamb of God, you take away
the sins of the world:
have mercy on us.
Lamb of God, you take away
the sins of the world:
have mercy on us.
Lamb of God, you take away
the sins of the world:
grant us peace.**